

## TIGER BREAKFAST PROGRAM



## **DODGE INTERMEDIATE AND R.B.C. – BREAKFAST MENU – 2016-17**

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MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY	
MINI CINNAMON ROLLS OR DONUTS OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH OR TWIN PACK POPTARTS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK	HOT BREAKFAST BAGEL SANDWICH W EGG, HAM & CHEESE OR DONUTS OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH OR TWIN PACK POPTARTS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK	OR PEANUT B UNCRUSTAB OR TWIN PA CHOICE OF 1 ORANG FRES	TONY'S BREAKFAST PIZZA (REAL PIZZA w/ cheese & Turkey sausage ONUTS UTTER & JELLY UTTER & JELLY SE SANDWICH CK POPTARTS I OR 2 FRUITS: SE JUICE H FRUIT E OF MILK	HOT BREAKFAST CROISSANT SANDWICH W/ EGG, HAM & CHEESE OR DONUTS OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH OR TWIN PACK POPTARTS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK	PANCAKE SAUSAGE (turkey) WRAP ON A STICK OR DONUTS OR PEANUT BUTTER & JELLY UNCRUSTABLE SANDWICH OR TWIN PACK POPTARTS CHOICE OF 1 OR 2 FRUITS: ORANGE JUICE FRESH FRUIT CHOICE OF MILK	BREAKFAST PRICE: \$1.50 All Breakfasts include a Fat- free Choc or 1% White Milk Milk offered for .50 cents Reduced-price is 30 cents per breakfast. Free lunch students receive Free Breakfast as well. Our menus are planned by Registered Dietitian Mark Bindus and are
Students must select a minimum of 3 items to qualify as a reimbursable breakfast! Students must take at least one serving of fruit or juice. ALL BREAKFAST ENTREES ARE HEALTHY WHOLE GRAINS TO COMPLY WITH FEDERAL STANDARDS.						
BREAKFAST SERVING TIMES:						
DODGE – 7:25AM – 7:40AM			A CONTRACTOR AND A CONT			
RBC – 6:45AM – 7:00AM			FU	olav60	A CONTRACTOR	
HOW MUCH DOES BREAKFAST COST?			and Twinsburg Food Service brings you			
If you currently are eligible to receive a FREE LUNCH, then you are eligible for a FREE BREAKFAST as well!			<b>Tiger Breakfast Rewards</b>			
If you currently are eligible to receive a REDUCED PRICE LUNCH, then you can get breakfast for 30 cents!			Tiger Breakfast - a Great Start for your Brain and your Bodyl			
If you currently pay full price for lunch, then you would have to pay the full price of breakfast which is \$1.50!			Now even better with Tiger Breakfast Rewards			
Want access to useful nutrition information and updates on our lunch program? Then follow me on Twitter at <u>https://twitter.com/TwinTigerRD</u>			The more times you eat SCHOOL BREAKFAST the more chances you get to win COOL monthly prizes!			